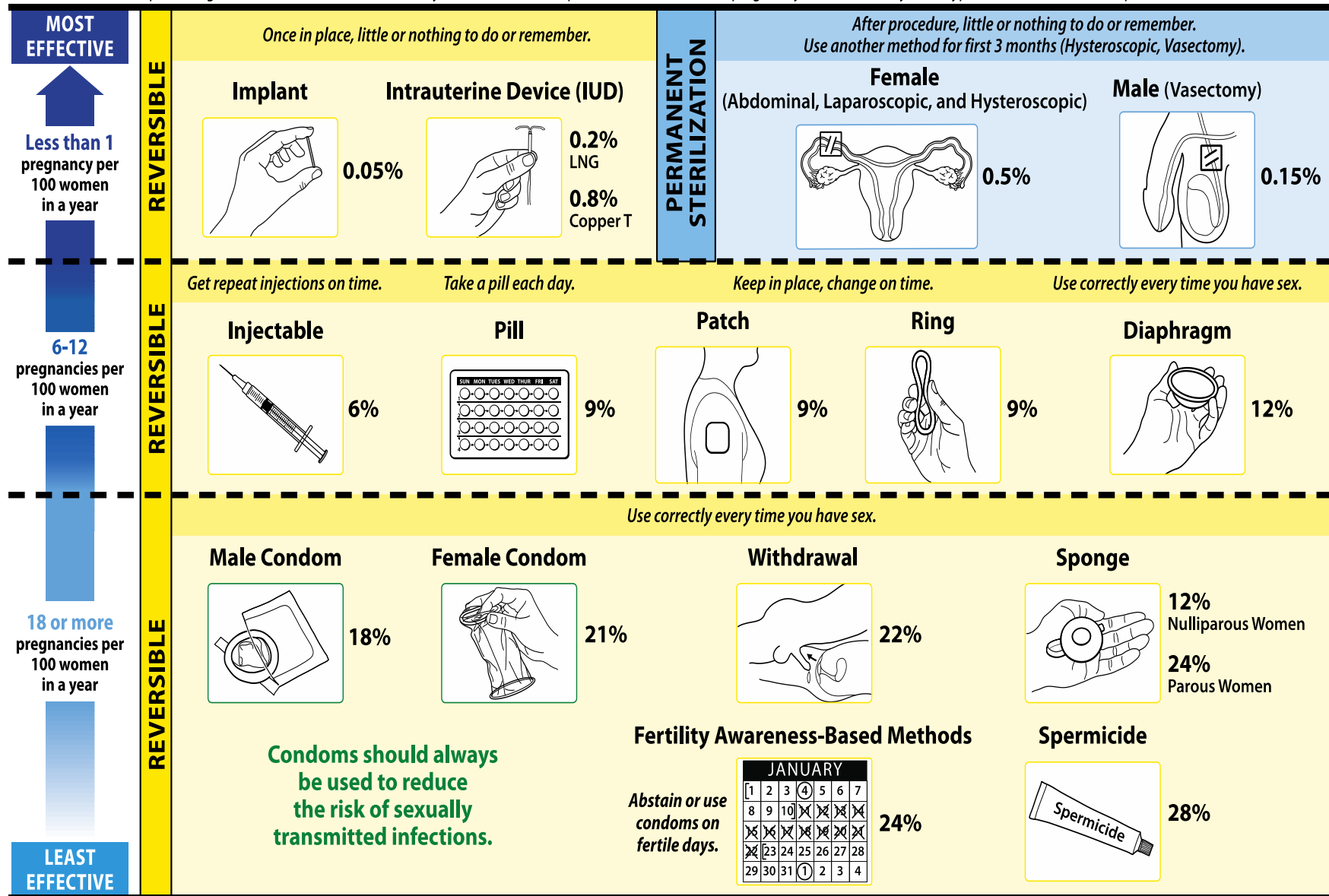


EFFECTIVENESS OF FAMILY PLANNING METHODS*

*The percentages indicate the number out of every 100 women who experienced an unintended pregnancy within the first year of typical use of each contraceptive method.



Other Methods of Contraception: (1) Lactational Amenorrhea Method (LAM): is a highly effective, temporary method of contraception; and (2) Emergency Contraception: emergency contraceptive pills or a copper IUD after unprotected intercourse substantially reduces risk of pregnancy. Adapted from World Health Organization (WHO) Department of Reproductive Health and Research, Johns Hopkins Bloomberg School of Public Health/Center for Communication Programs (CCP). Knowledge for health project. Family planning: a global handbook for providers (2011 update). Baltimore, MD; Geneva, Switzerland: CCP and WHO; 2011; and Trussell J. Contraceptive failure in the United States. *Contraception* 2011;83:397-404.



Local Resources

<p>Alachua County Health Department</p> <p>224 SE 24th Street Gainesville, FL 32641</p> <p>352-334-7900</p> <p>Ask for an appointment in family planning/female health.</p>	<p>Planned Parenthood 914 NW 13th St. Gainesville, FL 32601</p> <p>352-377-0881</p> <p>They offer a sliding scale fee for reduced cost birth control and have a “teen program” which provides free birth control to teenagers.</p>
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